



Child Health and Development  
Institute of Connecticut, Inc.

**Child Health and Development Institute  
Behavioral Health and Primary Care Awards  
January 2007**

**Bridgeport Hospital  
Bridgeport**

**Thomas Kennedy, MD and Darcy Lowell, MD**

Bridgeport hospital, home of Child First, a primary care based behavioral health screening and consultation program, applied to extend services in five ways. 1) Support services for a psychiatric APRN will be added so that the clinician can spend more delivering clinical services. 2) Psychiatric medication management consultation will be provided to primary care physicians, with back up and supervision by a psychiatrist from the Child Guidance Center of Greater Bridgeport. 3) Efforts to screen for maternal depression and connect mother-infant dyads to services will be strengthened by collaboration with the Department of Obstetrics and Gynecology. 4) A care coordination to oversee care plans for identified children across the Child First program, enhanced care clinic, and community based programs will be hired to work at the primary care clinic. 5) The psychiatric APRN will participate in the education of pediatric and family medicine residents as they rotate through the primary care center.

**Fair Haven Community Health Center, Inc.  
New Haven**

**Karen Klein, PNP**

Fair Haven Community Health Center will partner with Clifford Beers Clinic to co-locate a behavioral health clinician on-site to serve young children. Immediate consultation for primary care providers will be provided as well as direct assessment and treatment services for children. Psychiatric consultation will be provided by Clifford Beers, and a care coordinator will maintain an electronic tracking system. All practice staff will receive training in behavioral and developmental health topics, and utilization of standardized screening tools.

**Pediatric Associates, LLC  
Bristol**

**Betty Lopez**

Pediatric Associates, a large private pediatric practice in Bristol, will work with Wheeler Clinic to extend the on-site behavioral health services they currently have in place. They expect to double the number of children served by the behavioral health clinician. An increase in the practice's number of children expected to need services will result from an expanded screening program. Screening will be integrated with well child services and use two validated instruments,

one for younger children and one for adolescents. The use of a web-based screening tool will be explored. Medication management will be done collaboratively with consultation to the practice by Wheeler psychiatrists and educational programs

**Saint Mary's Hospital Incorporated  
Waterbury**

**Patricia A. Evans**

Saint Mary's Hospital proposed to strengthen the primary care center's capacity to serve children with behavioral health concerns using four strategies. 1) The program will implement a standardized screening tool into well child services. 2) The practice will integrate behavioral health into the developmental service that currently operates with the primary care center. This service expansion will include educating developmental staff about behavioral issues. 3) The practice will develop consultation, referral, and information sharing protocols for seamless coordination of care with the Child Guidance Clinic of Greater Waterbury. 4) The practice will undertake an internal review of billing and administrative processes in an effort to develop a more self sustaining system of service delivery.